



# Cambourne Crescent

## Newsletter

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## Status of Mothers

Every society is made up of building blocks of family units. The stronger each block is, the stronger the structure of the society. Therefore, families are the building block which dictate the fate of a society. For the development of a good family a mother plays a vital role.

In Islam, a mother has a valued and dignified role. Her contribution is acknowledged and appreciated. Islam commands kindness, respect and obedience to parents and specifically emphasizing and giving preference to the mothers.

To raise a virtuous child is one of the greatest good deeds. It continues to bring reward even after death.

Two mothers are mentioned in the Quran: Maryum (RA) (Mary mother of Isa(RA) (Jesus) suffered the pains of childbirth and worried what would happen to her. At the time the Almighty consoled her and told her not to grieve. The mother is shown concern and consideration for her state. The Almighty does not abandon her, or reprove her by telling her that she is privileged to give birth to a Prophet. Although that was true, motherhood entails great difficulty, a fact recognized by the Quran.

Another mother mentioned is the mother of Musa (RA) she put her baby in the river and was given reassurance that the baby would be returned to her. The Almighty knows the love of the mother, and knows it is difficult to give away one's child. She was later reunited as his wet nurse and Allah's promised was fulfilled.

A mother has outstanding qualities, no one can replace her in the life of the children. A mother's love is unmatched. Whether the child is young or old, troublesome or obedient - the child is still beloved to her mother. The love of the mother becomes a source of happiness and peace at home. Children feel attached to their home because of the mother.

A mother gives up a great deal for the sake of the children. She gives up her sleep, her time and her pleasures to ensure the child is alright. It is only with the help of the Almighty that one can thank the mother for all her sacrifices and effort.

A mother is a window of the child to the world; the outlook the child forms towards life depends on the mother which will have a lasting impression. Her habits and behaviour becomes a model for the child and undoubtedly affects the child's character. A mother is

said to be better than a hundred teachers. Her emotional strength and weakness are an example for the child.

Many mothers feel the burden to be acting near perfect all the time, even in the familiarity of their own homes. It is not perfection that Islam demands from mothers, but a willingness to accept the responsibility of modelling good behaviour.

"Be respectful to women, for they are the mothers of Mankind" - | Imam Ali r.a.

## Medical Box - Children's Dental Hygiene:

Dental hygiene is the practice of keeping the mouth clean and healthy by brushing and flossing to prevent tooth decay and gum disease.

- Start cleaning your child's mouth even before his/her tooth come in. WIPE the gum off after each feeding with a piece of wet gauze wrapped around your finger.
- For most children, the first primary tooth will erupt between the ages of 4 to 6 months. From that time, daily oral hygiene and regular visits to the dentist will play an important role in your child's dental health.
- Young children tend to swallow toothpaste when brushing rather than spitting it out. Introduce fluoride tooth paste when your child is old enough not to swallow it.

### Tooth brushing tips for kids:

- Angle the brush at 45 degrees to the gums
- Move the brush gently back and forth
- Brush all surfaces of teeth (outer, inner and chewing)
- To brush the inner surface of the front teeth, tilt the brush vertically and brush gently up and down
- Brush your tongue to remove any bacteria
- Brush twice daily.
- Kids with a history of cavities or deep grooves in their teeth benefit most from sealants

*By: Dr. Fathima Sami (Dental surgeon)*

## Launch of the New Website

Last month Cambourne Crescent launched its new website. The website is user friendly, providing an interactive experience, with all the relevant information in an easy to find format. There is updated prayer information, information regarding the Islamic and Arabic school, as well as other community events.

Behind this website is a volunteer who wishes to remain anonymous. The individual has put tremendous hard work into the project and we all pray for blessings on him and his family.

We hope you enjoy the website and moving forward this will remain the main source of information.





# Arabic School and Islamic School Updates

## Arabic School:

Students have successfully completed their formative test. Teachers have been very pleased with the results and treated the children. Arabic School is open to all members of the wider community to learn Arabic as an extra language.

## Islamic School:

A new library has been set up with a collection of 134 books. Children will have the opportunity to choose Islamic focused books, which they can exchange fortnightly. The children were very excited and took their first books to read over the end of term break.

## Did you know?

The world's first university, Al-Quaraouiyine located in Morocco was founded by a woman named Fatima al-Fihri in 841 CE.



## Dates for diaries

20<sup>th</sup> April - Ladies Coffee and Tea Evening

20<sup>th</sup> April - Food Bank Collection in Blue School at 20.15.

29<sup>th</sup> April - CC Science and Technology Club

3<sup>rd</sup> May - Parish Elections

16<sup>th</sup> May (expected) - Start of Ramadan

## Seminar on Islam, Science and Miracles

On Sunday 25<sup>th</sup> February, community members arranged for Muhammad Zulfiqar to deliver a seminar at the Blue School on Islam, Science and Miracles. He spoke about caring for the environment, eating wholesome organic food and the benefits of walking over transport.

He emphasized on the benefits of living simply within means and how helping others voluntarily nourishes the soul and mind. He advised the gathering to keep doing good voluntary work for the society we live in, to never give up and above all to have trust in the Almighty's plan during our limited time on earth.



## CC Science and Technology Club (CCTS)

This club has been set up for children to learn elementary electronics and computing concepts. This will be open to all children ages 8 to 16 years old. We welcome everyone to the introduction session at the Blue School on Sunday 29<sup>th</sup> April from 15.00-18.00.

## Cambourne Parish Council Elections

Cambourne Parish Council elections will be held on **Thursday 3<sup>rd</sup> May**. Please do go out and make the effort to vote. Identify and support members who are looking to help better the wider community.

## Feedback and Input

If there is any initiative you would like to promote, a topic of discussion or a thought you would like to share please do contact us and we will be happy to publish it. [info@cambournecrescent.org](mailto:info@cambournecrescent.org)



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